

## Annual Fall Conference 2023

# Tools for Improving Health and Healing



**Tuesday, October 24, 2023**

**Join Us!**

Plenty of Free Parking

**Holiday Inn Plainview**

**215 Sunnyside Boulevard  
Plainview, New York 11803  
(516) 349-7400**

**Course Goal and Target Audience:** NY/LISPEN's goal is to encourage lifelong learning in all disciplines of nutrition support professionals by providing current, evidence-based educational conferences.

**Successful Completion:** To obtain full credit for this course, attendees must attend **5** hours of education and complete course evaluation.



The Commission on Dietetic Registration (CDR) is a Continuing Professional Education Accredited Provider. Approval has been requested for 6 continuing professional education unit (CPEU) for completion of this program.



This activity is co-sponsored with Southeastern Continuing Medical Education Consultants, LLC (SCMEC). SCMEC is accredited by the Accreditation council for Pharmacy Education as a provider of continuing pharmacy education.

Continuing education credit approval request pending for 1 credit hour for each speaker (total 5). Robert H. Lustig, MD, MSL, Kristen M Roberts, PhD, RDN; Erin Toto, MD; Kathleen M. Gura PharmD, BCNSP, FASPEN, BCNSP; Mary D. Litchford PhD, RDN, LDN

***\*\*Please note that NY/LISPEN is not arranging **Continuing Education Credits** for Physicians or Nurses\*\****

### **Planning Committee Members**

Brooke McCaffrey, MS, RDN, CNSC	Kelly Carroll, RDN
Lisa Musillo, MS, RDN, CDN, CNSC	Mandy Li, MS, RDN, CDN, CNSC
Mark Klang, MS, RPh, BCNSP, PhD	Kimberly White, MS, RDN
Helen Kuentler, MPA, RDN	

**NY/LISPEN wishes to thank our sponsors and exhibitors for making this conference possible.**

# **NY/LISPEN Annual Fall Conference – October 24, 2023**

## **Tools for Improving Health and Healing**

8:00 – 8:45 AM	<b>Registration, Continental Breakfast and Exhibits</b>
8:45 – 9:00 AM	<b>President's welcome</b> – Brooke McCaffrey, MS, RDN, CNSC
9:00 – 10:00 AM	<b>The True Purpose of Nutrition</b> <b>Robert H. Lustig, MD, MSL</b> Emeritus Professor of Pediatrics, Division of Endocrinology; Member, Institute for Health Policy Studies, University of California, San Francisco <b>Learning Objectives:</b> Describe the difference between food science, nutrition, and metabolic health; Verbalize the rationale for the three precepts of metabolic health: feed the gut, protect the liver, support the brain; Discuss why ultra-processed food is not food currently, but could be re-engineered to provide metabolic health.
10:00 – 11:00 AM	<b>Optimization of Nutritional Status in Gastroparesis</b> <b>Kristen M. Roberts, PhD, RDN, CNSC, FASPEN, FAND</b> Associate Professor- Clinical Medicine, OSU School of Health and Rehabilitation Sciences-Medical Dietetics; OSU Wexner Medical Center Gastroenterology, Hepatology, and Nutrition, Columbus, OH <b>Learning Objectives:</b> Describe gastric physiology and the diagnostic criteria for gastroparesis; Verbalize the evidence supporting nutritional interventions in gastroparesis; Demonstrate critical thinking by exploring complex cases of gastroparesis.
11:00 – 11:15 AM	<b>Questions</b>
11:15 – 11:30 AM	<b>Coffee/Water Break, Exhibits</b>
11:30 AM-12:30PM	<b>Update on Small Intestinal Bacterial Overgrowth</b> <b>Erin L. Toto, MD</b> Clinical Assistant Professor of Medicine, Division of Gastroenterology – Neurogastroenterology & Motility subsection, University of Pennsylvania / Penn Medicine, Philadelphia, PA <b>Learning Objectives:</b> Define SIBO and its clinical presentation; Discuss diagnostic testing strategies and their limitations; Identify treatment options for SIBO, including nutritional therapies, herbal therapies, and pharmacologic therapies.
12:30 – 1:15 PM	<b>Lunch &amp; Exhibits (“punch cards” for raffle prizes*)</b>
1:15 – 1:30 PM	<b>Announcements and raffle; prize winners</b>
1:30 – 2:30 PM	<b>Intravenous Lipid Emulsions: Nutrition or Therapeutic Modality?</b> <b>Kathleen M. Gura PharmD, BCNSP, FASPEN</b> Manager, Clinical Research, Department of Pharmacy, Boston Children's Hospital Assistant Professor of Pediatrics, Harvard Medical School, Boston MA <b>Learning Objectives:</b> Describe what's common to all intravenous lipid emulsions (ILE); Identify how to interpret a fatty acid profile as it relates to ILE use; Discuss the evidence that support the use of one type of ILE over another in various disease states
2:30 – 3:30 PM	<b>A Closer Look at Nutrition and Pressure Injuries</b> <b>Mary D. Litchford PhD, RDN, LDN</b> President, CASE Software & Books; Consultant, Healthcare & Dining Services, Wellspring Healthcare; CMC Manager, Training & Development; Director, Dietetics Programs, University of North Carolina Greensboro <b>Learning Objectives:</b> Describe the relationship between malnutrition, sarcopenia, and risk for pressure injuries and slow wound healing; Identify risk for or presence of micronutrient deficiencies in patients with pressure injuries; Integrates foundational dietetics knowledge with critical appraisal of assessment data to diagnose nutrition problems, which can be resolved or improved through treatment or nutrition intervention.

Directions to **Holiday Inn Plainview:**

**From West:** Take Long Island Expressway (LIE) to Exit 46 Sunnyside Blvd toward Plainview, Keep right at the fork, follow signs for Sunnyside Boulevard , Turn left onto Sunnyside Blvd. The Holiday Inn will be ~0.1 miles on the right.

**From East:** Take LIE to exit 46 toward Sunnyside Blvd/Plainview, Merge onto N Service Rd, Turn right onto Sunnyside Blvd. Holiday Inn will be ~184 feet on the right.

**NY/LISPEN Contact – Lisa Musillo - (Work) 516-296-4905 or**  
[lmusillo@numc.edu](mailto:lmusillo@numc.edu)

**Registration Fee:** Current NY/LISPEN members: \$65

Non-NY/LISPEN members: \$100

Students: \$45 (need to show student ID)

**\*\*Refund Policy:** Provide 72 hr notice to receive full refund for Registration, less service fee.

Join ASPEN and the NY/LISPEN chapter for membership benefits. Click below to get started.

[https://www.nutritioncare.org/About ASPEN/Membership/Join or Renew Today/](https://www.nutritioncare.org/About_ASPEN/Membership/Join_or_Renew_Today/)

**\*Please Register & Pay Online\***

<https://nylispn.wixsite.com/lispn>

**OR Register and Pay by mail by completing the**  
***mail-in* registration form - see next page**

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NEW YORK STATE / LONG ISLAND SOCIETY  
FOR PARENTERAL AND ENTERAL NUTRITION

A Chapter of the American Society for Parenteral And Enteral Nutrition

## Fall Conference *Mail-In* Registration/Payment Form

Tuesday October 24, 2023

PLEASE PRINT CLEARLY

Name \_\_\_\_\_

Address \_\_\_\_\_

Email address \_\_\_\_\_

Phone # - Daytime \_\_\_\_\_

Mark Discipline: RD \_\_\_\_ RN \_\_\_\_ MD \_\_\_\_ PharmD/RPh \_\_\_\_

Other: Please specify \_\_\_\_\_

Affiliation: \_\_\_\_\_

ASPEN Membership Number: \_\_\_\_\_

Amount Enclosed: (mark choice below)

\_\_\_\_\_ \$100 for non-NY/LISPEN member

\_\_\_\_\_ \$65 NY/LISPEN members (MUST be a *chapter* member)

\_\_\_\_\_ \$45 student fee (copy of student ID required)

Make check payable to: **NY/LISPEN**

Mail to:

Mandy Li, MS, RDN, CDN, CNSC

68 Elmtree Lane

Jericho, NY 11753

Email [mandyli3189@gmail.com](mailto:mandyli3189@gmail.com) to provide notification of mailing.

Make a copy for your records.