

Annual Fall Conference 2025

Back to Basics: Strategies to Improve Outcomes



Thursday, October 30, 2025

Join Us!

Plenty of Free Parking

Holiday Inn Plainview

**215 Sunnyside Boulevard
Plainview, New York 11803
(516) 349-7400**

Course Goal and Target Audience: NY/LISPEN's goal is to encourage lifelong learning in all disciplines of nutrition support professionals by providing current, evidence-based educational conferences.

Successful Completion: To obtain full credit for this course, attendees must attend **5** hours of education and complete course evaluation.

'Back to Basics: Strategies to Improve Outcomes' approval has been requested for **5 Continuing Professional Education Units (CPEU)** in accordance with the Commission on Dietetic Registration's CPEU Prior Approval Program.

This activity is co-sponsored with **Southeastern Continuing Medical Education Consultants, LLC (SCMEC)**. SCMEC is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education.

Continuing education credit approval request pending for **1 full credit hour for each speaker (total 5)**. Hassan S Dashti, Ph.D., R.D., FASPEN (1 contact hours); Gail Cresci, PhD, RD, LD (1.0 contact hours); Michael F Holick PhD MD (1.0 contact hours) Stella Yusupova MA CCC-SLP CLC (1.0 contact hours); Susan Sturgess, MS, RD, CNSC (1.0 contact hours)

*****Please note that NY/LISPEN is not arranging Continuing Education Credits for Physicians or Nurses*****

Planning Committee Members

Brooke McCaffrey, MS, RDN, CNSC	Helen Kuentler, MPA, RDN
Lisa Musillo, MS, RDN, CDN, CNSC	Mandy Li, MS, RDN, CDN, CNSC
Mark Klang, MS, RPh, BCNSP, PhD	Kimberly White, MS, RDN

NY/LISPEN wishes to thank our vendors for making this conference possible.

Exhibits will be located in an adjacent room separate from the conference area.

NY/LISPEN Annual Fall Conference – October 30, 2025

Back to Basics: Strategies to Improve Outcomes

8:00 – 8:45 AM	Registration, Continental Breakfast and Exhibits
8:45 – 9:00 AM	President's welcome – Brooke McCaffrey, MS, RDN, CNSC
9:00 – 10:00 AM	Chrononutrition in the ICU: The Role of Nutrition Support Timing for the Critically Ill Hassan S Dashti, Ph.D., R.D., FASPEN Department of Anesthesia, Critical Care and Pain Medicine Massachusetts General Hospital, Boston, MA Learning Objectives: Describe the fundamentals of chronobiology and health consequences when the circadian system is challenged; Identify opportunities to optimize the timing of enteral and parenteral nutrition delivery to limit circadian disruption in critically ill patients; Discuss the safety and feasibility of daytime-restricted nutrition support in the ICU based on recent literature.
10:00 – 11:00 AM	They Are What You Feed: How Foods and Enteral Feedings Impact the Gut Microbiome Gail Cresci, PhD, RD, LD Associate Professor, Department of Gastroenterology, Hepatology & Nutrition and Inflammation & Immunity, Director of Research within the Center for Human Nutrition, Cleveland, Ohio Learning Objectives: Describe the gut microbiome in health and how foods impact its composition and function; Discuss available evidence for enteral feedings on the gut microbiome; Identify strategies for improving gut microbial health during enteral feeding.
11:00 – 11:15 AM	Questions
11:15 – 11:30 AM	Coffee/Water Break, Exhibits
11:30 AM-12:30PM	The D-Lightfully Controversial Vitamin D: Health Benefits from Inception until Death Michael F Holick PhD MD Professor of Medicine, Physiology and Biophysics and Molecular Medicine, Director, Vitamin D, Skin and Bone Research Laboratory and Director, Ehlers Danlos Clinical Research Program, Boston University School of Medicine, Boston, MA Learning Objectives: Describe how to diagnose, prevent and treat vitamin D deficiency from birth until death; Verbalize how vitamin D functions for bone health; Discuss from evidence-based medicine the multitude of non-calcemic health benefits of vitamin D from inception until death.
12:30 – 1:15 PM	Lunch & Exhibits (punch cards for raffle prizes)
1:15 – 1:30 PM	Announcements and raffle winners
1:30 – 2:30 PM	Dysphagia: Understanding Swallowing Disorders Stella Yusupova MA CCC-SLP CLC Supervisor, Center for Pediatric Feeding Disorders, St. Mary's Healthcare System for Children, Bayside, NY Learning Objectives: Identify common signs and symptoms associated with dysphagia; Describe diagnostic tools and procedures to assess swallow function; Discuss the role of the multidisciplinary team in managing patients with dysphagia.

2:30 – 3:30 PM

The Role of the Registered Dietitian in Hospice and Palliative Care
Susan Sturgess, MS, RD, CNSC

Lead Registered Dietitian, Northwell Continuing Care, Hospice Care Network, Woodbury, NY

Learning Objectives: Describe the difference between hospice and palliative care and the nutrition interventions utilized in each specialty; Discuss the role of artificially administered nutrition and hydration in end-of-life care; Identify ethical considerations in providing, withholding and withdrawing nutrition interventions in end stage illness.

**Time will be allotted after each presentation for a
Question and Answer session.**

Directions to **Holiday Inn Plainview:**

From West: Take Long Island Expressway (LIE) to Exit 46 Sunnyside Blvd toward Plainview, Keep right at the fork, follow signs for Sunnyside Boulevard , Turn left onto Sunnyside Blvd. The Holiday Inn will be ~0.1 miles on the right.

From East: Take LIE to exit 46 toward Sunnyside Blvd/Plainview, Merge onto N Service Rd, Turn right onto Sunnyside Blvd. Holiday Inn will be ~184 feet on the right.

NY/LISPEN Contact – Lisa Musillo - (Work) 516-296-4905 or
lmusillo@numc.edu

Registration Fee: Current NY/LISPEN members: \$80

Non-NY/LISPEN members: \$120

Students: \$50 (need to show student ID)

****Refund Policy:** Provide 72 hr notice to receive full refund for Registration, less service fee.

Join ASPEN and the NY/LISPEN chapter for membership benefits. Click below to get started.

<https://www.nutritioncare.org/About ASPEN/Membership/Join or Renew Today/>

Please Register & Pay Online

<https://nylispen.wixsite.com/lispen>

**OR Register and Pay by mail by completing the
mail-in registration form - see next page**



NEW YORK STATE / LONG ISLAND SOCIETY
FOR PARENTERAL AND ENTERAL NUTRITION

A Chapter of the American Society for Parenteral And Enteral Nutrition

Fall Conference *Mail-In* Registration/Payment Form

Thursday October 30, 2025

PLEASE PRINT CLEARLY

Name _____

Address _____

Email address _____

Phone # - Daytime _____

Mark Discipline: RD ____ RN ____ MD ____ Pharm D/ RPh ____

Other: Please specify _____

Affiliation: _____

ASPEN Membership Number: _____

Amount Enclosed: (mark choice below)

_____ \$120 for non-NY/LISPEN member

_____ \$80 NY/LISPEN members (MUST be a *chapter* member)

_____ \$50 student fee (copy of student ID required)

Make check payable to: **NY/LISPEN**

Mail to: Mandy Li, MS, RDN, CDN, CNSC
425 N. Broadway
PO Box #53
Jericho, NY 11753

Email <https://nylispn.wixsite.com/lispn> to provide notification of mailing.

Make a copy for your records.